

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Opens at 9:00am</p> <p>^{NEW} Baby Sign Language 10:30-11:00</p> <p>Snack time (free Flow) 10:30-11:30</p> <p>Gym Time 11:00-11:30</p> <p>Gathering time 2:00-2:30</p> <p>Snack Time(free Flow) 2:00-3:00</p>	<p>Opens at 9:00am</p> <p>Suzuki Music (10wk) (limited space available) 10:00-11:00</p> <p>Snack time (free flow)10:30-11:30</p> <p>Gym Time 11:00-11:30</p> <p>Art activities 2:00 – 2:30 pm</p> <p>Snack Time (free Flow)2:00-3:00</p> <p>Gym time 5:45-6:15</p> <p>Dinner at 5:00 (please pre-register)</p>	<p>Opens at 9:00am</p> <p>Baby Picasso 10:15-11:00 (please pre-register)</p> <p>Snack time (free Flow) 10:30-11:30</p> <p>Baby Picasso 11:15-12:00 (please pre-register)</p> <p>Gym Time 11:00-11:30</p> <p>Snack Time(free Flow) 2:00-3:00</p> <p>Story Time 2:00 – 2:30</p>	<p>Opens at 9:00 am</p> <p>Suzuki Music 10:00-11:00</p> <p>Snack time (free Flow) 10:30-11:30</p> <p>Gym Time 11:00-11:30</p> <p>Snack Time(free Flow) 2:00-3:00</p> <p>Gathering time 2:00 – 2:30 pm</p>	<p>Opens at 9:00am</p> <p>^{NEW} Mother Goose sing a long 10:30-11:00 (please pre-register)</p> <p>Snack time (free flow)10:30-11:30</p> <p>Gym Time 11:15-12:00</p> <p>Closed at 12:00p.m.</p>	<p>Opens at 9:30am</p> <p>Rhyme Time 10:30-11:00</p> <p>Gym Time 11:45-12:30</p> <p>Closed at 12:30p.m.</p>	<p>Opens at 9:30am</p> <p>Music and Movement 10:00-10:30</p> <p>Snack time (free Flow) 10:30-11:00</p> <p>Gym Time 11:45-12:30</p> <p>Closed at 12:30p.m.</p>



WORKSHOPS AND SPECIAL EVENTS: (SEE STAFF TO PRE-REGISTER)



Centres will be closed January 1, 2018 for New Years day

***Please note a lot of our programs are pre-registered as they are high in demand, if you sign up for a program please be kind and attend all classes as you will be taking a space from another, thank you.**

Location: 155 Queen Street North, Hamilton ON
Hours of Operation:

Mondays, Wednesdays, Thursdays	9:00am-4:00pm
Tuesdays	9:00am-7:00pm
Fridays	9:00am-12:00pm
Saturdays and Sundays	9:30am-12:30pm

For more information please call:
905-521-0926 x221

 Baby Sign	<p>Baby specific signing techniques ,songs and games.Specific gestures that will enhance your verbal interaction with your child. Baby signing empowers babies to communicate early in life. Limited space</p>	
Baby picasso	<p>This is a 4 week session where infants along with their parents/ caregivers will begin to explore different art mediums and explore sensory materials. This will be a messy play experience. Parents are asked to bring a change of clothes and a towel for cleanup. (please pre-register) Limited space</p>	<p>3-12 month , please note we do use food products for sensory</p>
Suzuki Music	<p>This is a <u>10 week progressive program</u> where parents and caregivers with their children come together to participate in an physically active (bending and lifting) and reactive musical environment. Children will learn rhythms and melodies through singing and using real musical instruments. One to one adult child ratio is perfered for this class as parents will need to help guide their children throughout the program Pre-registration is required. Class is limited</p>	<p>Parents/caregivers and children ages birth to 6 years old</p>
 MotherGoose (family session)	<p>Please join us for songs, Rhymes and so much more! This is a drop in program limited space, please pre-register</p>	<p>Parents / caregivers and children from 0-6 years</p>