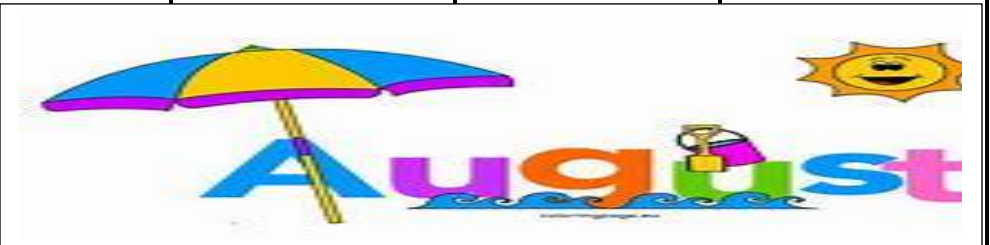


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Opens at 9:00am</b> <b>NEW Messy Play on the Patio</b> 10:00-10:30  <b>Yoga in the park (pre-register) (0-12mths)</b> 10:15-11:00  <b>Yoga in the Park (pre-register) (3yrs -6yrs)</b> 11:15-12:00  <b>Gym time</b> 11:00-11:30 <b>Snack time (free Flow)</b> 10:30-11:30  <b>Garden story time (weather permitting)</b> 1:30 – 2:30  <b>Snack Time( free Flow )</b> 2:00-3:00	<b>Opens at 9:00am</b>  <b>Infant Massage (pre-register)</b> 10:15  <b>Snack time (free Flow)</b> 10:30-11:30  <b>(Sports in the Gym)</b> 11:00-11:30 Snack time (free flow)10:30-11:30  <b>Exploring the outdoor classroom</b> 2:00-3:00  <b>Snack Time(free Flow)</b> 2:00-3:00  <b>Dinner at 5:00</b>	<b>Opens at 9:00am</b>  <b>Baby Picasso</b> 10:15-11:00 (pre-register)  <b>Gym Time</b> 11:00-11:30  <b>Baby Picasso</b> 11:15-12:00 (please pre-register)  <b>Snack time (free Flow)</b> 10:30-11:30  <b>Waterplay on the Patio</b> 2:00-3:00  <b>Snack Time( free Flow)</b> 2:00-3:00	<b>Opens at 9:00 am</b>  <b>Rhyme Time</b> 10:30-11:00  Snack 10:30-11:30 (freeflow)  <b>Gym Time</b> 11:00-11:30  <b>Science Fun</b> 2:00-2:30  <b>Snack Time( free Flow )</b> 2:00-3:00	<b>Opens at 9:00am</b>  <b>NEW Parent and Tot Art</b> 10:30-1100 (Please pre-register) Ages 15mth-30mth)  <b>Storytime/Teddy Bear Picnic(Bring your favorite teddy bear)</b> 11:00-11:30  <b>Snack time (free flow)</b> 10:30-11:30  <b>Gym Time</b> 11:30-12:00  Closed at 12:00p.m	<b>Opens at 9:30am</b>  <b>NEW My Little Art Studio</b> 10:30-11:00  <b>Gym Time</b> 11:45-12:30  Closed at 12:30p.m	<b>Opens at 9:30am</b>  <b>Music and Movement</b> 10:30-11:00  <b>Snack time (free Flow)</b> 10:30-11:00  <b>Gym Time</b> 11:45-12:30  Closed at 12:30p.m



**WORKSHOPS AND SPECIAL EVENTS: (SEE STAFF TO PRE-REGISTER)**

**August is National Family Fun Month**

- August 4, 5, 6<sup>th</sup> – Centres closed for the Civic Holiday
- August 3 – National Watermelon Day
- August 9 – National Book Lovers Day
- August 21 – Eid Al Adha
- August 26 – National Dog Day

**Location:** 155 Queen Street North, Hamilton ON

**Hours of Operation:**

Mondays, Wednesdays, Thursdays	9:00am-4: 00pm
Tuesdays	9:00am-7:00pm
Fridays	9:00am-12:00pm
Saturdays and Sundays	9:30am-12:30pm

**For more information please call:**  
905-521-0926 x221

Baby Picasso	This is a 4 week session where infants along with their parents/ caregivers will begin to explore different art mediums and explore sensory materials. This will be a messy play experience. Parents are asked to bring a change of clothes and a towel for cleanup. (please pre-register)	Parents/ caregivers and infants from 3 months -16 months
Infant Massage	This is a program designed to teach parents and caregivers of infants (pre-crawling) a warm, nurturing, bonding experience through touch	
Rhyme Time	The parent/child Mother Goose promotes bonding, attachment and early literacy using interactive rhymes, songs and storytelling.	All ages
My Little Studio Art	This is a 4 week art session,where children along with their parent\caregiver will begin to explore four famous artist which includes Pablo Picasso, Jason Poluck, Yayoi Kusama and Michael Angelo. Through the use of various materials and methods this class will invite you and your little one to explore your inner artist! 😊	Parents/ caregivers-all ages
Yoga in the Park	Come join us for an outdoor yoga class that will provide you with the opportunity to focus on stretching, strengthhening and flexibility while bonding with your child. This will take place at Dundurn Castle (weather permitting). Please note you are welcome to meet us at the park or walk over with us from Queen at 10:00. Mats are provided. Don't forget your water and sunscreen.	See front for times and ages