

## June 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Opens at 9:00am</b></p> <p><b>Infant Massage</b> 10:00-10:45(Please pre-register)</p> <p><b>NEW</b> <b>Yoga in the Park</b> (please pre-register)10:45-11:45</p> <p><b>Snack time</b> (free Flow) 10:30-11:30</p> <p><b>Gym Time</b> 11:30-12:00</p> <p>Snack Time( free Flow ) 2:00-3:00</p> <p><b>Advanced Suzuki Music</b> (please pre-register) 2:30-3:30</p>	<p><b>Opens at 9:00am</b></p> <p><b>Beginners Suzuki Music</b> (please pre-register) 10:00-11:00</p> <p><b>Gathering Time</b> 10:30-11:00</p> <p><b>Snack time</b> (free flow)10:30-11:30</p> <p><b>Gym Time</b> 11:00-11:30</p> <p><b>NEW</b> <b>Outdoor Fun</b> 2:00-3:00</p> <p><b>Snack Time</b> (free Flow)2:00-3:00</p> <p><b>Dinner</b> at 5:00</p> <p><b>Outdoor storytime</b> 6:00-6:30</p>	<p><b>Opens at 9:00am</b></p> <p><b>Baby Picasso</b> 10:15-11:00 (please pre-register)</p> <p><b>Snack time</b> (free Flow) 10:30-11:30</p> <p><b>Baby Picasso</b> 11:15-12:00 (please pre-register)</p> <p><b>Gym Time</b> 11:00-11:30</p> <p><b>Snack Time</b>( free Flow) 2:00-3:00</p> <p><b>NEW</b> <b>Gardening</b> 2:30-3:00</p>	<p><b>Opens at 9:00 am</b></p> <p><b>NEW</b> <b>Tumbling Tots</b> <b>10:00-10:30</b> (Please pre-register)</p> <p><b>Snack time</b> (free Flow) 10:30-11:30</p> <p><b>Gym Time</b> 11:00-11:30</p> <p><b>Snack Time</b>( free Flow )2:00-3:00</p> <p><b>Storytime</b> 3:00-3:30</p>	<p><b>Opens at 9:00am</b></p> <p><b>NEW</b> <b>Parent and Tot Art</b> 10:15-10:45 (please pre-register)</p> <p><b>Snack time</b> (free Flow) 10:30-11:30</p> <p><b>Exploring the Outdoor Classroom</b> 10:45-11:15</p> <p><b>NEW</b> <b>Family Gym Time</b> 11:15-12:00</p> <p><b>Closed at 12:00p.m.</b></p>	<p><b>Opens at 9:30am</b></p> <p><b>Music And Movement</b> 10:30-11:00</p> <p><b>NEW</b> <b>Outdoor Gathering Time</b> 11:15-11:45</p> <p><b>Gym Time</b> 11:45-12:30</p> <p><b>Closed at 12:30p.m.</b></p>	<p><b>Opens at 9:30am</b></p> <p><b>Kids In The Kitchen</b> 10:00-10:30</p> <p>Snack time (free Flow) 10:30-11:00</p> <p><b>Gym Time</b> 11:45-12:30</p> <p><b>Closed at 12:30p.m.</b></p>
						

**WORKSHOPS AND SPECIAL EVENTS: (SEE STAFF TO PRE-REGISTER)**

**June is Gay Pride Month**  
**Father's Day Party- Friday June 15,2018**  
**Father's Day-June 17, 2018**  
**Community Educator-June 19,2018 (9:30-11:30)**  
**Canada Day Picnic- June 29,2018 at Eastwood park**  
**(centres closed )**  
**Ask the PHN June 4,5 10:15-11:15**

**Location: 155 Queen Street North, Hamilton ON**

**Hours of Operation:**

Mondays, Wednesdays, Thursdays	9:00am-4: 00pm
Tuesdays	9:00am-7:00pm
Fridays	9:00am-12:00pm
Saturdays and Sundays	9:30am-12:30pm

**For more information please call:**  
905-521-0926 x221

Baby Picasso	This is an 4 week session where infants along with their parents/ caregivers will begin to explore different art mediums and explore sensory materials. This will be a messy play experience. Parents are asked to bring a change of clothes and a towel for cleanup. (please preregister)	Parents/ caregivers and infants from 3 months -16 months
Yoga in the Park	Come join us for an outdoor yoga class that will provide you with the opportunity to focus on stretching, strengthhening and flexibility while bonding with your child. This will take place at Dundurn Castle (weather permitting). Please note you are welcome to meet us at the park for 11:00 or walk over with us from Queen at 10:45. Don't forget your water and sunscreen	Parents / caregivers and children 0-6 years
Tumbling Tots	This is a program to get your toddler moving and a grooving. They will be exploring their bodies by balancing,climbing and tumbling, with children their age.	Parents/ caregivers 15mths-30months
Music and Movement	This is a free program for children that are "walkers" and their parents/caregivers. Come join us here for rhythm, dancing and movement activities all done to music.	Parents/ caregivers with children 0-6
Parent and Tot Art	This is a 4 week session where toddlers along with their parents/caregivers will explore different art mediums and sensory material. We will offer this as a structured program.	Parents/ caregivers with children 15-30months
Infant Massage	This is a program designed to teach parents and caregivers of infants (pre-crawling) a warm, nurturing, bonding experience through touch	Parents/ caregivers with babies (pre-crawling)
<b>Canada Day Picnic</b>	Please Join us in celebrating Canada Day at Eastwood Park on Friday June 29 <sup>th</sup> from 10:00-1:00. There will be free entertainment, children's activities and lunch!	Everyone's Invited!