



Hamilton

Public Health Services

Public Health Services Services Available for Syrian Refugees

Dental

Healthy Smiles Ontario (HSO) – beginning Jan 1st, 2016

The services covered in this dental program include exams, x-rays, cleanings, fluoride, sealants, restorations, etc.

Eligibility: 17 years of age or younger, income eligibility criteria (see link below)

Call 905-546-2424 ext. 5369 or visit <https://www.ontario.ca/page/get-dental-care>

Vaccinations

Vaccine Program

Hamilton Public Health Services' Vaccine Program is available to provide consultation to health care providers and families.

Call 905-546-2424 x7556 to access our Vaccine Program Infoline or visit www.hamilton.ca/vaccines for more information

Sexual Health

Sexual Health Clinics

Sexual Health Clinics provide many services including testing for sexually transmitted infections and birth control. Testing for sexually transmitted infections is available for males and females of any age. Birth control is available based on medical eligibility.

For clinic locations and hours visit: <http://www.hamilton.ca/public-health/clinics-services/sexual-health-clinics>

Call 905-528-5894 to access our Sexual Health information line

Newborn Children and Parents

Health Connections Line – 905-546-3550

Provides information and community referrals for prenatal clients and families with children up to the age of 6 (we can use language line for non-English speaking families).

Healthy Babies Healthy Children

As part of the Healthy Babies Healthy Children (HBHC) program, all families are offered the chance to speak to a Public Health Nurse about how they are doing either during their pregnancy, after the birth of a baby, or up to when a child transitions to school. In addition the HBHC program offers free home visiting to families who need more support and agree to visits. The HBHC program can support families with:

- Having a healthy pregnancy
- Developing a positive relationship with their child
- Promoting their child's growth and development
- Answering any questions about their child

We have cultural interpreting services available to support clients. Below is a hyperlink to the Arabic HBHC pamphlet that explains the program in more detail:

<http://www.children.gov.on.ca/htdocs/English/documents/topics/earlychildhood/hbhc/HBHC-ARA.pdf>



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Canadian Prenatal Nutrition Program (CPNP):

Public Health Nurses partner with Public Health Dietitians to deliver weekly interactive prenatal education sessions to pregnant women at no cost. They learn about healthy eating in pregnancy, birthing and related topics. A healthy snack, food gift certificates, and bus tickets are offered.

Call Health Connections 905-546-3550 or Drop-in to refer pregnant women to CPNP programs

Prenatal classes:

Offered to adult couples, teens, and single pregnant women. Classes and groups are intended for women and families who are currently pregnant. Fees are waived if participants are unable to pay for the classes.

Call 905-546-3591

Online Prenatal Program:

Participants register and receive an access code. The Online Education program also includes the option to attend two in class sessions focusing on comfort measures and breastfeeding.

Call 905-546-3591 or visit <http://www.hamilton.ca/public-health/classes/prenatal-classes>

Children and Families

Public Health Children's Mental Health Services

Children 2-18 years of age may be referred by parents, guardians or any concerned professional. Youth may also refer themselves.

Referral Process is through calling **Contact Hamilton 905-570-8888**

Head Lice Bug Buster Clinics

Bug Buster Clinics provide free head lice services for children and their families.

Call 905-546-2489 for information about clinic locations and times