

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Opens at 9:00am NEW Messy Play on the Patio 10:00-10:30 Yoga in the park (0-12mths) 10:15-11:00 Yoga in the Park (3yrs -6yrs) 11:15-12:00 Gym time 11:00-11:30 Snack time (free Flow) 10:30-11:30 Garden story time (weather permitting) 1:30 – 2:30 Snack Time(free Flow) 2:00-3:00	Opens at 9:00am NEW Tumbling Tots 10:00-10:30 (15-30mths) Snack time (free Flow) 10:30-11:30 (Sports in the Gym) 11:00-11:30 Snack time (free flow)10:30-11:30 Exploring the outdoor classroom 2:00-3:00 Snack Time(free Flow)2:00-3:00 Dinner at 5:00	Opens at 9:00am Baby Picasso 10:15-11:00 (please pre-register) Gym Time 11:00-11:30 Baby Picasso 11:00-11:45 (please pre-register) Snack time (free Flow) 10:30-11:30 Waterplay on the Patio 2:00-3:00 Snack Time(free Flow) 2:00-3:00	Opens at 9:00 am Music and Movement 10:30-11:00 Snack 10:30-11:30 (freeflow) Gym Time 11:00-11:30 Science Fun 2:00-2:30 Snack Time(free Flow) 2:00-3:00	Opens at 9:00am NEW Parent and Tot Art 10:30-1100 (Please pre-register) Ages 15mth-30mth) Storytime/Teddy Bear Picnic(Bring your favorite teddy bear) 11:00-11:30 Snack time (free flow)10:30-11:30 Gym Time 11:30-12:00 Closed at 12:00p.m	Opens at 9:30am NEW My Little Studio Art 10:30-11:00 Gym Time 11:45-12:30 Closed at 12:30p.m	Opens at 9:30am Music and Movement 10:30-11:00 Snack time (free Flow) 10:30-11:00 Gym Time 11:45-12:30 Closed at 12:30p.m



WORKSHOPS AND SPECIAL EVENTS: (SEE STAFF TO PRE-REGISTER)

- ❖ Closed July 2nd for Canada Day!
- ❖ July 7th: National Sundae day – Come join us at 10:30 to build your own Sundae on Friday July 6th!
- ❖ July 10,17 Outdoor Activities with the Nursing Students!
- ❖ July 26th: National Aunt and Uncle day

Location: 155 Queen Street North, Hamilton ON

Hours of Operation:

Mondays, Wednesdays, Thursdays	9:00am-4: 00pm
Tuesdays	9:00am-7:00pm
Fridays	9:00am-12:00pm
Saturdays and Sundays	9:30am-12:30pm

For more information please call:
905-521-0926 x221

Baby Picasso	This is a 4 week session where infants along with their parents/ caregivers will begin to explore different art mediums and explore sensory materials. This will be a messy play experience. Parents are asked to bring a change of clothes and a towel for cleanup. (please pre-register)	Parents/ caregivers and infants from 3 months -16 months
Tumbling Tots	This is a program to get your toddler moving and a grooving. They will be exploring their bodies through balancing,climbing and tumbling all with children their age!	Parents/ caregivers 15mths-30months
Music and Movement	This is a free program for children that are “walkers” and their parents/caregivers. Come join us here for rhythm, dancing and movement! Activities all done to music.	Parents/ caregivers with children 0-6
My Little Studio Art	This is a 4 week art session,where children along with their parent\caregiver will begin to explore four famous artist which includes Pablo Picasso, Jason Poluck, Yayoi Kusama and Michael Angelo. Through the use of various materials and methods this class will invite you and your little one to explore your inner artist! 😊	Parents/ caregivers-all ages
Yoga in the Park	Come join us for an outdoor yoga class that will provide you with the opportunity to focus on stretching, strengthhening and flexibility while bonding with your child. This will take place at Dundurn Castle (weather permitting). Please note you are welcome to meet us at the park or walk over with us from Queen at 10:00. Mats are provided. Don't forget your water and sunscreen.	See front for times and ages